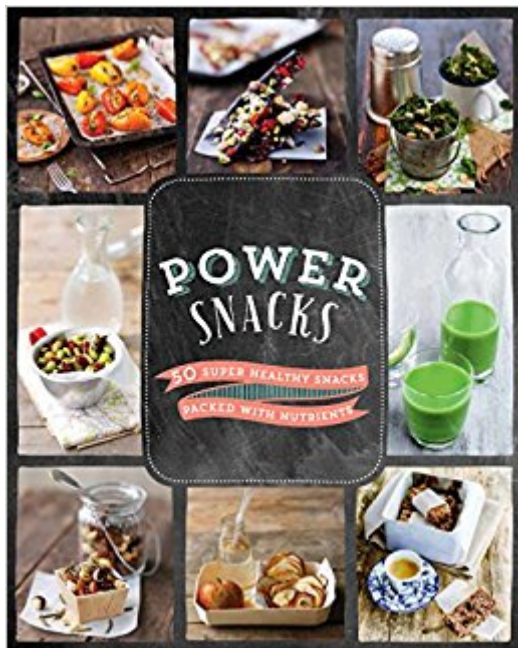


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# Power Snacks



## Synopsis

Tired of reaching for a chocolate bar or a packet of potato chips to fend off the cravings? Power Snacks is packed with exciting ideas for nutritionally-dense snacks that will keep you going between mealtimes without loading up on empty calories. Focused on high-quality ingredients that are healthy, sustaining, and minimally processed, these recipes mean you can indulge in snacks without the guilt!

## Book Information

Hardcover: 128 pages

Publisher: Parragon Books (April 16, 2015)

Language: English

ISBN-10: 1472375963

ISBN-13: 978-1472375964

Product Dimensions: 7.7 x 0.7 x 9.5 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 3 customer reviews

Best Sellers Rank: #582,904 in Books (See Top 100 in Books) #132 in Books > Cookbooks, Food & Wine > Main Courses & Side Dishes > Brunch & Tea #6878 in Books > Cookbooks, Food & Wine > Special Diet

## Customer Reviews

Nice book colorful pretty illustrations.

More than I expected! Such easy and simple meals you can create in little time.

Attractively designed book. I bought the book for someone else, but the recipes aren't things she or anyone I know would make very often. This is for someone who really is into eating super healthy. Very different recipes in here.

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